

Antietam School District

FEBRUARY 2012 LUNCH MENU

Jan 26, 2012

Monday	Tuesday	Wednesday	Thursday	Friday
		1 WG Cheese Ravioli Spaghetti Sauce Celery Sticks Canned Peas	2 NY Style Bagel Pizza Side Salad Pineapple Tidbits	3 Sliced Pork Roast with Pork Gravy Multigrain Dinner Roll Steamed Sweet Potatoes Fresh Apples
6 WG Grilled Cheese Sand. Steamed Carrots Applesauce	7 Buffalo Chix Sandwich on Whole Wheat Bread Lettuce & Tomato Slices Baked Sun Chips Kosher Pickle Spears Canned Peaches	8 RF Macaroni 'n Cheese Stewed Tomatoes Steamed Green Beans Canned Mandarin Oranges	9 Mini Tacos Steamed Corn Tropical Fruit Salad	10 Breaded Pork Chop with Pork Gravy Broccoli w/Chs Sauce Applesauce
13 Mini Chs. Pizza Bagels Steamed Green Beans Pineapple Tidbits	14 Turkey Chili w/Beans Shred. Cheddar Cheese Nacho Chips Side Salad Sun Cup Apple Juice	15 Beef Cheesesteak on a 6" Hoagie Roll Baked Smiley Fries Canned Apple Slices	16 Turkey & Cheese Melt on a Pretzel Bun Steamed Mixed Veg Canned Peaches	17 In Service Day NO SCHOOL TODAY
20 HOLIDAY BREAK NO SCHOOL TODAY	21 Colby Cheese Omelet Pork Breakfast Links Cinn. Raisin Bagel Baked Cubed Potatoes Sun Cup Orange Juice	22 Honey BBQ Chicken Nug. Alfredo Pasta Carrot & Celery Sticks Canned Peas	23 Turkey Nachos Shred. Cheddar Cheese Lettuce & Tomato Slices Sliced Black Olives Baked Curly Fries Canned Apple Slices	24 Beef BBQ on a Bun Vegetarian Baked Beans Canned Mandarin Oranges
27 Southwestern Pizza Steamed Peas Tropical Fruit Salad	28 Pulled Pork BBQ Multigrain Bun Side Salad Fresh Oranges	29 Cinn Glz French Toast Canadian Bacon Hash Brown Triangles Sun Cup Orange Juice	1 ASSORTED TYPES OF MILK SERVED WITH ALL MEALS	2 SUBJECT TO CHANGE

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.
 * - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Soup & Salad Week Multigrain Dinner Roll Margarine Cup Sun Cup Apple Juice Milk, Assorted Varieties Low-Fat Dressing	Soup & Salad Week Multigrain Dinner Roll Margarine Cup Sun Cup Fruit Punch Milk, Assorted Varieties Low-Fat Dressing	Soup & Salad Week Multigrain Dinner Roll Margarine Cup Sun Cup Apple Juice Milk, Assorted Varieties Low-Fat Dressing
6	7	8	9	10
Dei Sand, w/cheese on a 6" Hoagie Roll Nacho Chips Lettuce Leaf Bread & Butter Pickles Sun Cup Apple Juice	Two Cheese Hoagie Lettuce & Tomato Slices Kosher Pickle Spears Canned Peaches	Buffalo Chix Salad Grid Chick. Chef Salad Saltine Crackers Sun Cup Apple Juice	Pulled Turkey BBQ Multigrain Bun Carrot & Celery Sticks Sun Cup Fruit Punch	Ham & Cheese Melt On a WW English Muffin Carrot & Celery Sticks Sun Cup Grape Juice
13	14	15	16	17
Chef's Choice of Entree Celery Sticks Sun Cup Orange Juice Milk, Assorted Varieties	Chef's Choice of Entree Side Salad Sun Cup Apple Juice Milk, Assorted Varieties Low-Fat Dressing	Chef's Choice of Entree Baked Curly Fries Sun Cup Fruit Punch Milk, Assorted Varieties	Chef's Choice of Entree Carrot Sticks Sun Cup Apple Juice Milk, Assorted Varieties	In Service Day NO SCHOOL TODAY
20	21	22	23	24
HOLIDAY NO SCHOOL TODAY	Soup & Salad Week Multigrain Dinner Roll Margarine Cup Sun Cup Apple Juice Milk, Assorted Varieties Low-Fat Dressing	Soup & Salad Week Multigrain Dinner Roll Margarine Cup Sun Cup Fruit Punch Milk, Assorted Varieties Low-Fat Dressing	Soup & Salad Week Multigrain Dinner Roll Margarine Cup Sun Cup Apple Juice Milk, Assorted Varieties Low-Fat Dressing	Soup & Salad Week Multigrain Dinner Roll Margarine Cup Sun Cup Apple Juice Milk, Assorted Varieties Low-Fat Dressing
27	28	29	1	2
Chef's Choice of Sand Carrot Sticks Sun Cup Orange Juice Milk, Assorted Varieties	Chef's Choice of Sand. Steamed Cauliflower Sun Cup Fruit Punch Milk, Assorted Varieties	Chef's Choice of Sand. Hash Brown Potato Sun Cup Grape Juice Milk, Assorted Varieties	SUBJECT TO CHANGE	ASSORTED TYPES OF MILK SERVED WITH ALL MEALS

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